Foot and Ankle Ability Measure (FAAM) Activities of Daily Living Subscale

Please Answer <u>every question</u> with <u>one response</u> that most closely describes your condition within the past week.

If the activity in question is limited by something other than your foot or ankle mark "Not

Applicable" (N/A).

	No Difficulty	Slight Difficulty	Moderate Difficulty	Extreme Difficulty	Unable to do	N/A
Standing						
Walking on even Ground						
Walking on even ground without shoes						
Walking up hills						
Walking down hills						
Going up stairs						
Going down stairs						
Walking on uneven ground						
Stepping up and down curbs	s 🗆					
Squatting						
Coming up on your toes						
Walking initially						
Walking 5 minutes or less						
Walking approximately 10 minutes						
Walking 15 minutes or greater						

Foot and Ankle Ability Measure (FAAM) Activities of Daily Living Subscale Page 2

Because of your foot and ankle how much difficulty do you have with:

	No Difficulty at all	Slight Difficulty	Moderate Difficulty	Extreme Difficulty	Unable to do	N/A				
Home responsibilities										
Activities of daily living										
Personal care										
Light to moderate work (standing, walking)										
Heavy work (push/pulling, climbing, carrying)										
Recreational activities										
How would you rate your current level of function during you usual activities of daily living from 0 to 100 with 100 being your level of function prior to your foot or ankle problem and 0 being the inability to perform any of your usual daily activities.										
0%										

Martin, R; Irrgang, J; Burdett, R; Conti, S; VanSwearingen, J: Evidence of Validity for the Foot and Ankle Ability Measure. Foot and Ankle International. Vol.26, No.11: 968-983, 2005.